**$50 Testing fee**

**Kata (Forms)**

Hoseki

**Kobudo (Weapons):**

Bo – Kihon Kata Nidan

Tonfa – Zenshinkotai

**Teaching Skill:**Display ability to teach a segment of a kata to under-belts, including proper Bunkai

**Board Breaking:** – 2 foot techniques without putting foot down; (different directions); 1 power breaks (2 boards) and 3 speed breaks.

**Terminology:**

Ju-ichi – eleven

Ju-ni – twelve

Ju-san – thirteen

Ju-shi – fourteen

Ju-go – fifteen

Ju-roku – sixteen

Ju-sichi – seventeen

Ju-hachi – eighteen

Ju-kyu – nineteen

Ni-ju – twenty

San-ju – thirty

Yon-ju – forty

Go-ju – fifty

Roku-ju – sixty

Sichi-ju – seventy

Hachi-ju – eighty

Kyu-ju – ninety

Hiyaku – one hundred

Tameshiwari – Breaking

Kumade – Bear Hand

Nihon Nukite – two finger spear hand

Ippon Nukite – one finger spear hand

Tobe Ushiro Geri – Jump back kick

Ushiro Kake Geri – Spinning back hook kick

Tobi Mawashi Ko Geri – Jump spin crescent kick

Ushiro Mawahi Geri – Spinning back kick